Coppa-----Wet-Curing Method

U.S.	Ingredient	Metric
6 lb.	Pork shoulders	2268.0 g
2 Qt.	Water	2000.0 ml
1 cup	Sugar	210.0 g
³⁄₄-cup	Kosher salt	145.0 g
3 tsp.	Cure #1	18.0g
2 Tbs.	Garlic granules	26.0 g
2 Tbs.	Pepper, black	12.0 g
15	Juniper berries, whole	2.5 g
1½-tsp.	Mace, ground	2.0 g
10	Cloves, whole	1.0 g
	Beef Bung	



4.5 lb. ← Totals → 2.0 Kg Note: Use the metric weight/volume measurement for better control of ingredients. The U.S. measurements are an approximation of the metric measurement.

Phoma Californ

Instructions:

- 1. Trim the pork shoulders to form a 2 cylindrical pieces of meat. (Coppa)
- 2. Bring the brine ingredients to a boil and then it allow to cool completely.
- 3. Place coppa in a one gallon Ziploc bag cover the meat with the brine..
- 4. Mix thoroughly after sealing and place Ziploc in a bowl or pot and refrigerate.
- 5. Brine the coppa one day for every two pounds of meat.
- 6. Agitate the solution in the bag several times a day.
- 7. When the coppa is cured, rinse it in cold water, pat dry.
- 8. Massage in black (or red pepper) all over the surface of each coppa.
- 9. Place the coppa on a wooden rack to air dry for 24 hours.
- 10. Stuff coppa into a beef bung or other suitable casing.
- 11. Hold at least 17 days at 60°F @ 55-65% relative humidity.

Len Poli –<u>http://lpoli.50webs.com</u> Copyright © April, 2014. (All rights reserved) Sonoma Mountain Sausage Company - Sonoma, California



