## **Hot Dogs - Swiss Style - [Nitrite Free]**

U.S.	Ingredient	Metric	Percent
2 lb.	Veal	900.0 g	63.00
1 lb.	Pork jowl	454.0 g	32.00
1 Tbs.	Salt	22.0 g	1.50
¹⁄₄ cup	Non-fat dry milk	18.0 g	1.25
1 tsp.	Sugar, granulated	12.0 g	0.85
2 tsp.	Mustard seed, ground	6.0 g	0.42
2 tsp.	Lemon zest	6.0 g	0.42
2 tsp.	Pepper, white, ground	$5.0 \mathrm{g}$	0.35
3⁄4 tsp.	Ginger, powdered	1.6 g	0.10
½ tsp.	Mace, ground	0.9 g	0.06



26 mm Sheep casings

3 lb.  $\leftarrow$  Totals  $\rightarrow$  1.5 Kg 100%

This formulation is based on metric measures; U.S. measures are approximate!

## **Method:**

- 1. Cut the veal in small cubes, partially freeze, and grind through a medium and then through a fine plate; add the salt to the meat and mix well chill to  $40^{\circ}$ F.
- 2. Add the ground veal to a food processor; process until the meat is the consistency of batter.
- 3. Cut the jowl in small cubes and grind through a medium and then through a fine plate; keeping it separate from the veal, chill to 40°F.
- 4. Reserve the lemon zest but add remaining ingredients to a spice mill or coffee mill, and process into a fine powder
- 5. Sprinkle dry ingredients over the veal and process for 30 seconds,
- 6. Add the chilled jowl and process to a fine emulsion. [important: keep the mixture below 55°F by adding a very little ice water if necessary]
- 7. Stir the lemon zest into the emulsion until it is well mixed.
- 8. Place batter into the stuffer, Stuff, pinch and twist the sausage into links-about 8-inch links.
- 9. <u>Poach</u> in 170° F water [do not simmer] to internal temperature of 160° F; then chill immediately in an ice bath until the sausage temperature drops to about 90°F.
- 10. Drain and hold sausage at room temperature until the casings are dry.

Len Poli – Copyright © (All rights reserved) Sonoma Mountain Sausage Company Sonoma, California - July 2007