ITALIAN ONION SAUSAGE SALSICCIA DI CIPOLLA

INGREDIENTS:

5 lb.	Pork Shoulder Butt	2268.0 g
2 whole	Bay (laurel) leaves	10.0 g
2 Tbs.	Black pepper, coarse	37.0 g
3/4 cup	Chopped Parsley	37.0 g
½ cup	Dry white wine	118.0 ml
3 cloves	Garlic	15.0 g
$4\frac{1}{2}$ tsp.	Salt	32.0 g
½ cup	Scallions	60.0 g

32 mm Hog casings



METHOD:

- 1. Cut the pork into 2 inch pieces and partially freeze.
- 2. Grind the pork using a disk with 3/8" (10 mm) diameter holes.
- 3. Mix the pork with the salt, using gloved hands, until the paste is slightly sticky.
- 4. Grind the bay leaves in a spice grinder.
- 5. Remove most of the green scallion leaves and slice the remaining onion into rings.
- 6. Blend in the all of the ingredients and mix them until they are well amalgamated.
- 7. Refrigerate overnight to meld flavors throughout the meat.
- 8. Stuff sausage meat into the casings, being careful to not overfill them.
- 9. Twist the sausage casing to make 5-inch long sausages.
- 10. Puncture any visible air bubbles with a sharp needle.
- 11. Allow to dry at room temperature for several hours.
- 12. When casings are dry, refrigerate sausages for up to 5 days (or freeze and vacuum pack.)



Len Poli – Sonoma Mountain Sausage – California Copyright □ (All rights reserved) – February, 2024