Pappa Poli's Pickled Sausage

U.S.	Ingredient	Metric	Percent
21/4 lb.	Kielbasa, etc.	1000.0 g	46.37
2 cups	Vinegar, white	500.0 ml	23.18
1½ cups	Water	375.0 ml	17.34
½ bulb	Onion, purple	150.0 g	6.95
6 cloves	Garlic, cracked	35.0 g	1.60
2 Tbs.	Sugar	26.0 g	1.20
1 Tbs.	Salt	22.0 g	1.00
1 Tbs.	Mustard seed	12.0 g	0.56
1 Tbs.	Pepper, red, flakes	8.0 g	0.31
1 Tbs.	Peppercorns, black	6.0 g	0.28
1 tsp.	Allspice berries	5.0 g	0.23
¹⁄₄ tsp.	Ginger, minced	5.0 g	0.23
½ Tbs.	Cardamom pods	3.0 g	0.14
2	Bay leaves	2.0 g	0.01
1/4 stick	Cinnamon bark	$2.0~\mathrm{g}$	0.10
1 pod	Pepper, Dandicut*	2.0 g	0.10
1 Tbs.	Dill weed	1.5 g	0.07
1 star	Star anise	1.3 g	0.06
¹⁄₄ tsp.	Cloves, whole	1.0 g	0.05
21/4 lb.	Totals →	1 Kg	100%

Hot pepper of your choice: from cooler to hottest→ for example, Jalapeňo, Cayenne, Dandicut, Piquin, Habanera (the Habanera is about 40 times hotter than the jalapeňo).

Note: Use metric weight & volume measurement for better control of ingredients. The U.S. measurements are an approximation of the metric measurements.

Method:

- 1. Select the type pre-cooked sausage you prefer and cut it into 1-inch (2.5 cm) long rolls.
- 2. Cut the onion into 6 wedges.
- 3. Place cut sausage and onion into a large jar or suitable container.
- 4. Pour the vinegar into the jar until it is half full.
- 5. Bring the water to a boil and add the remaining ingredients. Boil for 5 minutes, then off the heat, and allow spice mixture to cool.
- 6. Strain the spice mixture through a sieve and pour the liquid into the sausage jar. Pick out (for appearance sake) the Dandicut pepper, some of the black pepper, mustard seeds, etc. and add to the jar.
- 7. Top off the jar with additional vinegar if necessary. Seal the jar and refrigerate for two weeks before eating.

Len Poli – Sonoma Mountain Sausage - Sonoma, California Copyright © (All rights reserved) – February, 2005



