

Salame Lucchese – A salami from the Lucca area of Tuscany.



| U.S. | Ingredient | Metric | Percent |
|---------------|----------------------|---------------|-------------|
| 5 lbs | Pork butt, lean | 2270.0 g | 80.28 |
| 1 lb. | Pork backfat | 454.0 g | 16.06 |
| 3 Tbs. | Salt | 66.0 g | 2.33 |
| 1½ Tbs. | Dextrose | 14.0 g | 0.50 |
| 1 tsp. | Prague powder #2 | 6.0 g | 0.21 |
| 1½ tsp. | Black pepper, coarse | 6.0 g | 0.21 |
| 1 tsp. | Garlic, powdered | 4.0 g | 0.14 |
| ¾ tsp. | Mace, ground | 4.0 g | 0.14 |
| ½ tsp. | Coriander, ground | 2.5 g | 0.09 |
| ¼ tsp. | Pepper, red-flakes | 0.7 g | 0.03 |
| ¼ tsp. | Starter culture | 0.4 g | 0.02 |
| | Beef Middles | | |
| 6¼ lb. | ← Totals → | 2.8 Kg | 100% |

Note: Use metric weight and volume measurement for better control of ingredients. The U.S. measurements are an approximation of the metric measurements.



Method:

1. Freeze pork fat and grind through a large (½" or 12.5mm) plate. Set aside
2. Freeze the pork slightly then grind through a medium (3/8" or 10mm) plate.
3. Add all the dry ingredients together in a bowl (except the starter culture) and mix well to distribute evenly.
4. Spread out the ground meats and sprinkle the dry ingredients into the meat mixture, mixing well.
5. Dissolve the starter culture in a tablespoon or two of water; mix in with the meats.
6. Regrind the pork through a medium (3/8" or 10mm) plate.
7. Add the ground fat and remix everything for about 5 minutes, until the paste is very tacky.
8. Stuff into beef middles and tie off into 8 inch salami.
9. Hang the salami at room temperature and allow the salami to equilibrate to the ambient temperature.
10. Incubate salami by hanging in the incubator at about 85°F* and about 90% R/H for 24 hours.
11. Let salami hang for a minimum of 28 days in a cool area. Try to keep temperature at 55-60°F and about 80%R/H. Salami should lose about 30% of their original weight.

* Or follow the recommended optimum temperature suggested by the producer of the starter culture. I like to use Bactoferm LHP.

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