Vienna Sausage

U.S.	Ingredient	Metric	Percent
2¼ lb.	Beef chuck	1025.0 g	34.00
2¼ lb.	Veal trimmings	1025.0 g	34.00
1¼ lb.	Pork Shoulder	565.0 g	18.75
¾ cup	NFDMilk powder	52.0 g	1.70
2 Tbs.	Salt	44.0 g	1.50
4 tsp.	Sugar	17.0 g	0.56
1 Tbs.	AmesPhos	12.0 g	0.40
1 Tbs.	Soy protein	9.0 g	0.30
1 1/8 tsp.	Cure #1	7.0 g	0.25
1 Tbs.	Mace, ground	5.0 g	0.16
1 tsp.	Garlic powder	3.0 g	0.10
¹⁄₂ tsp.	Pepper, white, ground	1.3 g	0.04
¹⁄₂ tsp.	Coriander, ground	1.0 g	0.03
1 cup	Ice water	250.0 ml	8.0
	24 mm sheep casings		
6½ lb.	← Totals →	3.0 Kg	100%





Method:

- 1. Dissolve all of the ingredients in ice water.
- 2. Cube the meats $(1\frac{3}{4})^{-}$ 4.5 cm) and partially freeze the meats.
- 3. Grind the meats through a 3/16'' (4.5mm) grinder plate, twice.
- 4. Place paste and dissolved ingredients into a mixer and mix thoroughly until the meat paste is very sticky.
- 5. Chill the meat paste in the refrigerator for several hours until a probe thermometer reads 42°F.
- 6. Transfer the meat in a food processor and emulsify it (in small batches, if necessary) adding ice water occasionally to keep emulsion cold.
- 7. Stuff the mixture into 24mm sheep casings.
- 8. Hang at room temperature until the casings are dry.
- 9. Place in a smoker (no smoke) and hold at 150°F for 1 hour or until the sausages develop a nice, even light brown color.
- 10. Poach in 180°F until internal temperature reaches 160°F.
- 11. Chill immediately in ice water until the internal temperature is 65°F.
- 12. Hang at room temperature until dry and then refrigerate or vacuum pack.

Len Poli – May, 2005 Sonoma, California